

CROSSROAD NEWSLETTER

Matthew 28:18 Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. **19** Therefore go and make disciples of all nations, baptising them in the name of the Father and of the Son and of the Holy Spirit, **20** and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

Join us every Sunday morning at Crossroad for coffee from 10.15 or online at www.crossroad.org.uk

Sundays @ 10.45

6th July - Dave Shackleton

13th July - Jon Sibley

20th July - Andrew Sibley

27th July - Robert Spiller

Prayer

We meet for **prayer** every Sunday 9.45am - 10.15am in the youth hall.

Prayer for Israel and All Nations Tuesday 1st July at 10am at Crossroad.

Christians Together in Seaton Prayer Meeting every Tuesday from 9am-10am at St Gregory's church.

Sunday Evening Prayer 27th July at 6.30pm.

The Loft

The Loft meets 10am - 12 every Sunday morning at Number One. It is a creative church for those who are growing in their faith or who are just looking. There is lots of tea, toast and time for each other as well as getting excited about Jesus. An opportunity for creativity and prayer completes the morning.

Be Still

Be still and know that I am God (Psalm 46:10)

So often our lives are spent being busy. We rush here; we rush there. We cram so much into each day, may be just thinking that this is fulfilment and gives purpose for each day. So many run late as a result. There is so much need within the world, within our own society, within the church as well as trying to fit in family, friends and work. If we don't have anything to do we feel at a loss and look to fill that time immediately instead of maybe just being still. The television goes on filling our minds with all sorts of things, there is nothing wrong with television, though we may need to be selective on what we watch. Or perhaps we have the radio on as background noise, we need to hear people talking. There is nothing wrong with this unless we are drowning out the sound of silence, an opportunity to be still and quiet before God. An opportunity to hear the birds singing or the rain falling, an opportunity to see the flowers, appreciate the hedgerows and the magnificent trees. To be still in the sunset or sunrise, to hear the waves gently lapping on the shore or if you are fortunate enough to be in such a place, the majesty of the mountains. All aspects of God's creation, a gift from Him to us. It maybe God has something to say but we are too busy being busy, rushing to the prayer meeting, Bible study or children's activity, all great things but how about stopping and being alone with God. Don't rust the quiet time with God in the morning or evening or whenever you have it. Don't cut corners because you are trying to fit everything in including sleep, so you are up late. Make it a priority, say no to something else but don't say 'no' to God. Set aside the time and be still!

Come apart with me and listen to the birds singing.

With thanks to Esther for this reflection

This month:

Every Sunday - we meet for *prayer* at 9.45-10.15am or join us for *coffee* from 10.15 and for the *Family Service* from 10.45am.

Homegroups - We have a number of home groups meeting during the week including the ones below. We would love as many people as possible to be part of a group. If you would like to join a home group please speak to one of the leaders.

Tue 2.00pm Jill Purkiss, Seaton

Tue 7.30pm Rosie Giles, Seaton

Tue 2.00pm Ray and Jacci Hunter - see Ray and Jacci for details

Wed 2.30pm Axminster Homegroup - see Ray and Jacci for details

Crossroad Men's Breakfast - Sat 5th July 8am. Come along and enjoy a good breakfast, good fellowship and a great talk.

South West Awake - Saturday 12th July 10.30am at Fisherman's Gap on the sea front. Join in prayer with thousands of others dotted around the coast of the south west of England as we lift up the name of Jesus and cry out for our communities.

Quiz Night - Monday 14th July 7pm at Crossroad. Join us for a quiz night and evening of fun and fundraising. £3 per head and maximum of six per team. Come as a team or join one on the evening. All welcome. Prize for winning team.

Coffee Morning - Every Tuesday at 10am - 12noon at Crossroad including Kiddies Corner.

Foodbank needs - Long-life whole and semi-skimmed milk, Instant potato, Tins of meat for hot meals - chicken, stew, mince, ravioli, spaghetti bolognese, hot dogs, Tins of cold meat - chicken, Spam, ham, corned beef, Savoury rice packets (flavoured, not plain), Tinned sardines, Sponge puddings, Tinned Custard, Sugar, Small jars of coffee, Washing powder or liquid, Washing up liquid, Small shampoo, Toothpaste

Anna's Place - Wed 16th July 2pm at St Michael's Church, Beer. A special 30 minute service for older people followed by refreshments, music and memories. All are welcome - Dementia Supportive - Come and receive God's grace.

Kids Club Summer Week - Mon 28th July - Fri 1st August from 10am - 12noon at Crossroad. For kids about to go into years 3 - 7. Come and join us for a week of fun.

Access for Everyone - We want to make sure everything at Crossroad is as accessible as possible for anyone with sight problems, hearing loss, mobility difficulties, etc. It's important to us that everyone is included in the best way possible in all aspects of church life, including midweek activities. Please come and speak with Janet Eardley or Jon Sibley regarding any access challenges you may be experiencing. We really want to hear from you.

Crossroad Contact

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Plastic Free July.....what could you ditch and switch?

Set up by the Plastic Free Foundation, this is a global movement to help support us all in reducing our plastic waste.

Think of it like a New Year's Resolution but more enduring! It can help focus our minds on making a few of changes in everyday life and to embed these changes into our practical routines.....ongoing. Here are three suggestions to try:

1. What about exchanging a plastic toothbrush for a bamboo one? Electric toothbrush? No problem as bamboo heads are readily available. A plastic toothbrush takes 400+ years to breakdown.....and only then into microplastics. They cannot be recycled kerbside and specialist recycling schemes are no longer available.
2. When shopping, why not ditch the single-use plastic-wrapped fruit and vegetables and buy them loose, in reusable cloth bags and help to cut down on the tonnes of plastic waste? Buying the items 'naked' could also result in less food waste; according to WRAP, the total amount of edible food wasted, amounts to approximately 1.7 million tonnes per year in the UK
3. Have a think about swapping out shower gel in plastic bottles, for a soap bar packaged in paper. There are many different natural scents to choose from. (Why not cut the bars in half, one half in the bathroom, pop the other half in a drawer or cupboard to fragrance clothes until it's needed in the bathroom!). The bars last a long time and have fewer chemical in them too.

See it.....try it.....achieve it!

Every small change makes a big difference.

Thank you for being part of the change!

Axe Valley Christians Against Poverty

Prayer Guide : July 2025



Thank you for using these prayers and praises to inform and assist you in supporting AVCAP. This month ...

- Praise the Lord for those who came to our Cream Tea & Crafts event in June, especially a couple of AVCAP clients. It was great to see them – coming to an event like this can indicate that they are gaining confidence and that their lives are turning around.
- One of the big challenges faced by our clients once they are free of debt, is moving on and becoming independent of the support given by AVCAP. Please pray that they will increasingly learn to rely on Father God and no longer need AVCAP support.
- Pray for wisdom for Sharon, Alix and the Befrienders that they will give just the right support to each client/family, and will know when gently and lovingly to withdraw.
- Please pray for the young son of one of our clients who recently sustained a serious leg injury in an accident at school. Pray for healing for his leg, and also for his mental health – that he will feel strong and confident once he is able to return to school.
- Please pray for our clients who are struggling to stick to their Debt Management Plans as the cost of living remains high. Pray for those who have no internet access and can find negotiating with “officialdom” extremely difficult and stressful. People can find expressing themselves really hard when being bombarded (as they see it) with facts and questions.
- Remember those families who don’t have cars and live in our beautiful countryside that is not always well served by public transport.
- Praise the Lord for hugely generous donations to our local Foodbanks which do so much to hand out nourishing food and lots of love, helping our clients and many others to survive these difficult times.
- Give thanks for all the Team and wonderful Befrienders as they do everything they can to enable AVCAP to run well and support our clients. Please pray for more Befrienders, particularly in and around Axminster, and also for a Bookkeeper and a Fundraiser to take responsibility for those areas. With Alix still in poor health, we are also seeking God for a third Debt Coach to take on more of our clients.
- Give thanks for the Annual CAP Event in Taunton in June which provided much encouragement for the Debt Coaches in our area. It is always good to hear how others are doing and to share problems and solutions as we seek to serve those in need and those poor in spirit.
- Please pray for peace and comfort for a client whose elderly mother died in June, and for another client who recently attempted to take their own life. Pray that they will know the love of Father God and his everlasting arms surrounding them in their distress.
- Pray for Sharon, Alix and our Befrienders as they get deeper into the lives of our clients which can be chaotic, traumatic and stressful. Ask the Holy Spirit for his peace and calm.

ANNA'S PLACE

**Special 30 minute
worship for
Older People
Followed by Refreshments
Music and Memories,
Wednesdays from 2pm
at St Michael's, Beer:**

**April 16, May 21, June 18,
July 16, August 20,
September 17, October 22,
November 19, December 17**

**All are welcome!
Dementia Supportive
Come, receive
God's Grace**



**Diocese of Exeter
CMC Seaton and Beer**

